

### **Electronic Nicotine Delivery** Systems, JUUL and Youth

Presented by:

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### **AGENDA**

Tobacco Free Florida FDA Response

ENDS Basics & Risks What You can Do

Current Data & Trends SWAT

Creating an Epidemic Help to Quit

JUUL Questions



### **Tobacco Free Florida**

Working to protect the people of Florida from the dangers of tobacco.







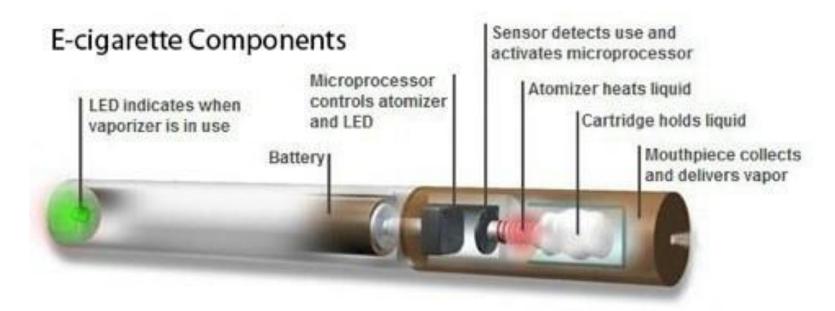
### What are ENDS?

- Electronic Nicotine Delivery Systems
- Electronic cigarette, e-cigarette, vaporizer, JUUL, vape pen, e-hookah
- Wide variety of shapes, sizes, styles and colors



### How ENDS Work

The devices are designed to simulate cigarette smoking and deliver aerosolized nicotine liquid and other chemicals to the user.





### **ENDS** Risks

- Nicotine Addiction
- Dual Use
- Device Explosions
- Nicotine Poisoning



### Nicotine

Nicotine is highly addictive.

Nicotine addiction is the reason that half of all smokers die.

Nicotine is not the primary cause of most smoking related disease.



### Nicotine

#### Cardiovascular Effects

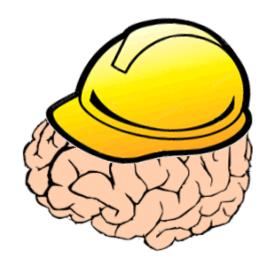
- Nicotine directly affects heart rate and rhythm.
- Nicotine impairs dilation of blood vessels; in coronary arteries this may contribute to smoking-related heart disease.
- Nicotine also raises serum cholesterol and increases clot formation.



### Youth Nicotine Use

 Nicotine disrupts circuits that control attention and learning in the brain

- Other risks
  - Nicotine addiction
  - Mood disorders
  - Permanently reduced impulse control



### Youth Dual Use

Youth who used e-cigarettes were 4x more likely to start smoking.

Nationwide, nearly half of all middle and high school students who were current tobacco users used two or more types of tobacco products.



Explosions



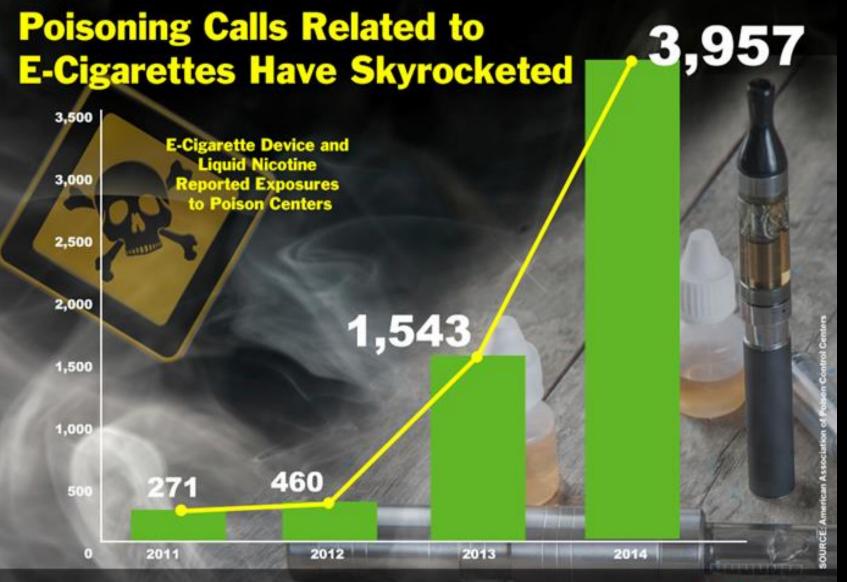
California man loses eye after e-cigarette explosion ABC13 Houston - 5/11/2016 - ND - by Elloen Frenz









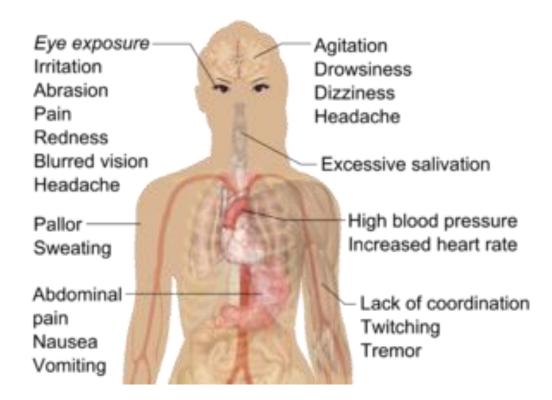


#### **Our Kids Can't Wait**

FDA: Finish the rule to regulate all tobacco products, including e-cigarettes.



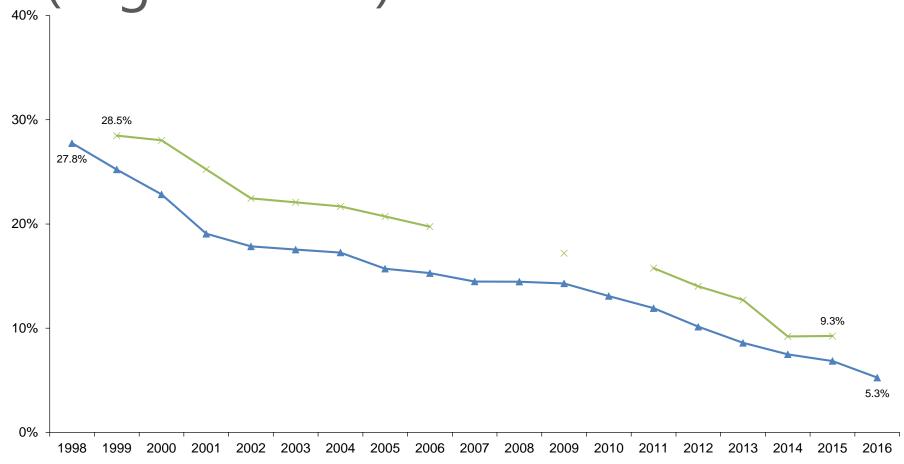
### Nicotine Poisoning Symptoms







# Youth Smoking Prevalence (High School)



#### The Issue

#### Surgeon General's Advisory on E-cigarette Use Among Youth

I, Surgeon General of the United States Public Health Service, VADM Jerome Adams, am emphasizing the importance of protecting our children from a lifetime of nicotine addiction and associated health risks by immediately addressing the epidemic of youth e-cigarette use. The recent surge in e-cigarette use among youth, which has been fueled by new types of e-cigarettes that have recently entered the market, is a cause for great concern. We must take action now to protect the health of our nation's young people.

KNOW THE RISKS, TAKE ACTION, PROTECT OUR KIDS,

The E-cigarette Epidemic Among Youth

Unfortunately, I now have good reason to believe that it's reached nothing short of an epidemic proportion of growth.

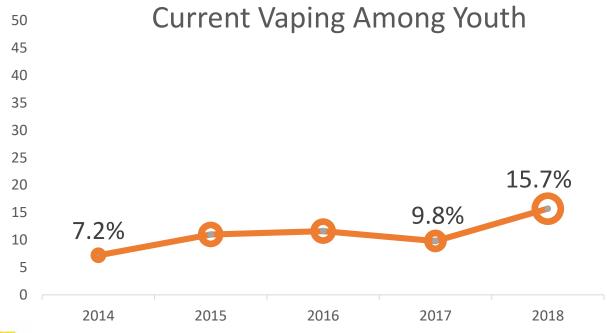
I use the word epidemic with great care. E-cigs have become an almost ubiquitous – and dangerous – trend among teens. The disturbing and accelerating trajectory of use we're seeing in youth, and the resulting path to addiction, must end. It's simply not tolerable. I'll be clear. The FDA won't tolerate a whole generation of young people becoming addicted to nicotine as a tradeoff for enabling adults to have unfettered access to these same products.

Scott, Gottlieb, M.D., FDA Commissioner





### The Evidence



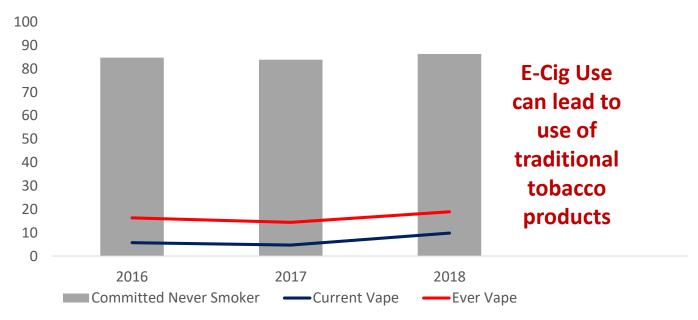




Source: Florida Youth Tobacco Survey 2014-2018

#### The Evidence



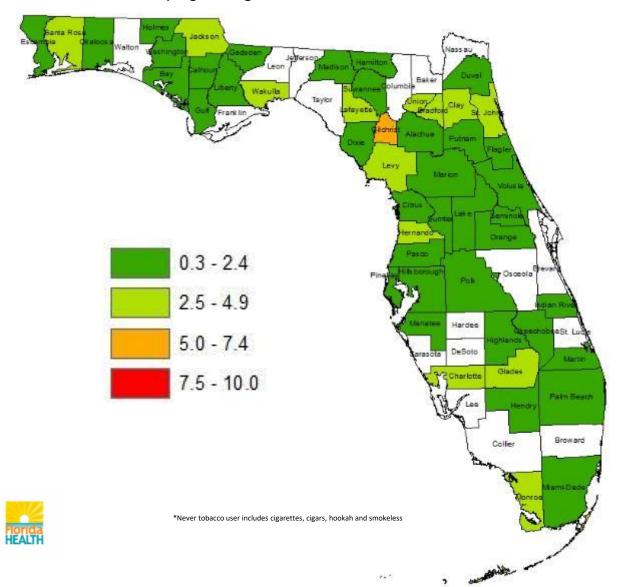






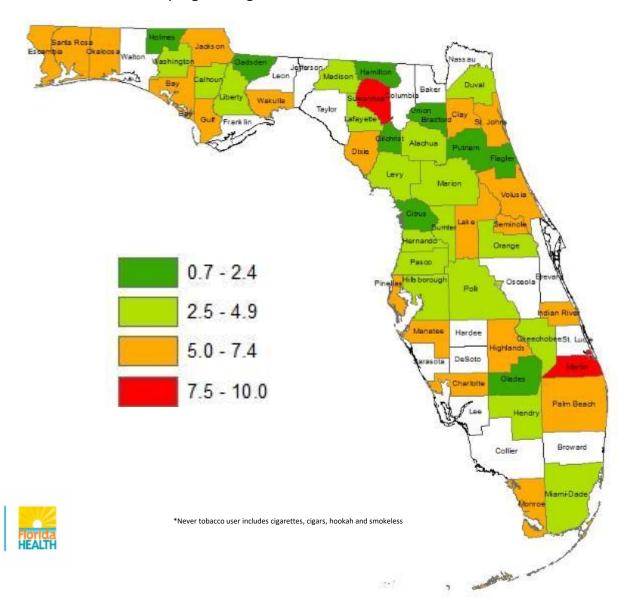
Source: Florida Youth Tobacco Survey 2018, 2017, 2016

#### Current vaping among committed never tobacco users\*, 2016 FYTS

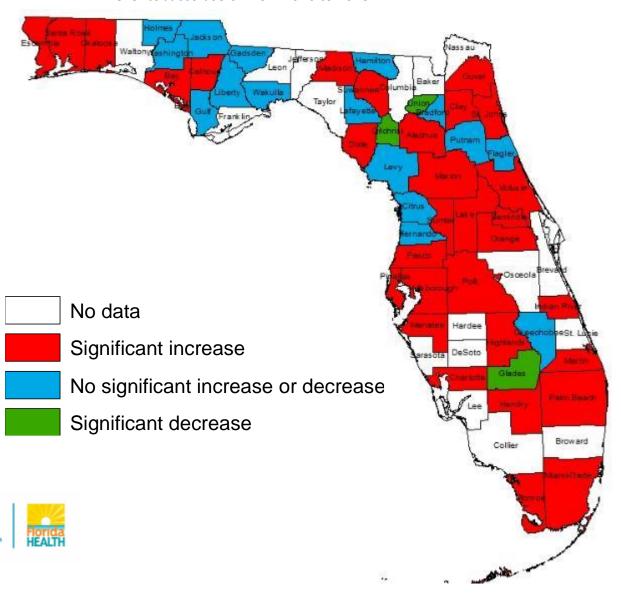


Tobacco Free Florida

#### Current vaping among committed never tobacco users\*, 2018 FYTS



Tobacco Free Florida Counties with a significant change in current vaping among committed never tobacco users\* from 2016 to 2018



### Making an Epidemic

- Flavored products
- Product innovation
- Aggressive marketing















### E-Cigarette flavors

Tobacco companies purposefully create e-cigarette flavors that appeal more to kids.

### E-Cigarette snack food flavors

















## E-Cigarette Candy flavors

























### Making an Epidemic

- Flavored products
- Product innovation
- Aggressive marketing



## Product Innovation

Hundreds of ENDS device designs are available.

### Sample Products



REAL Look.

REAL Feel.

REAL Flavor.



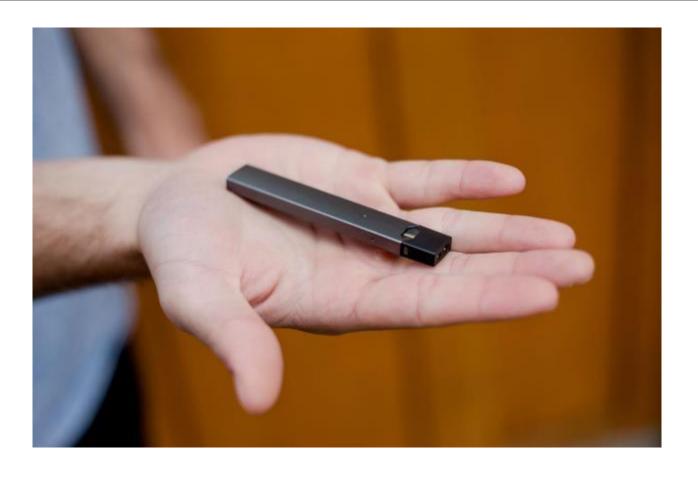


### Sample Products





### JUUL – the new kid who took over the block

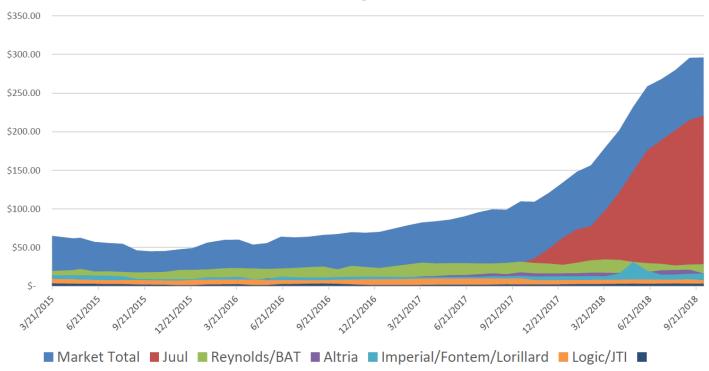




#### The Rise of JUUL

#### **JUUL**









### **Product Innovation**

Sleek product design Convenient JUUL POD system Nicotine salts

### Making an Epidemic

- Flavored products
- Product innovation
- Aggressive marketing







# Aggressive marketing

Marketing, advertising and public relations efforts targeting teens and young adults.

### JUUL Marketing

#### Youth Focused Launch Parties





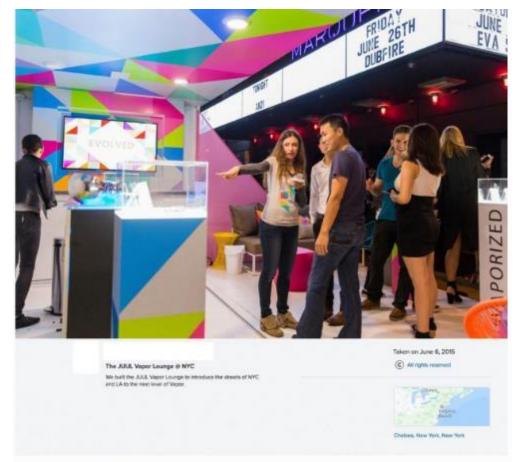
### JUUL Marketing

### Sampling Events





### Sampling Events





### Sampling Events





### Print Media





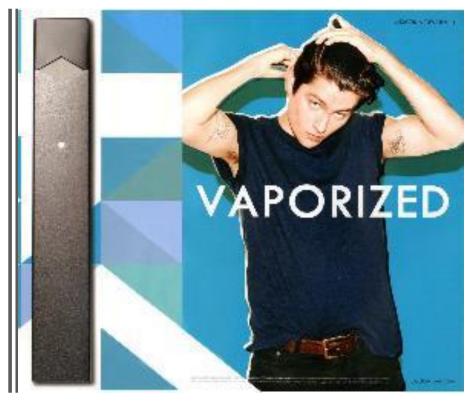
### Print Media



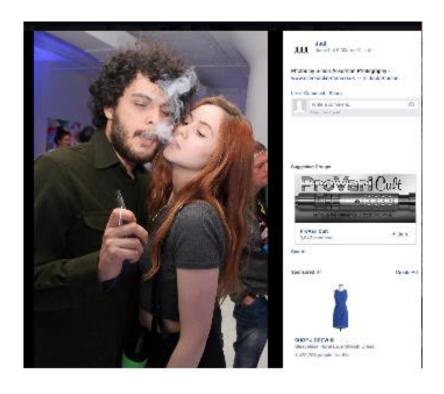


### Print Media





### Social Media





#### Youth Influencers





### Youth Influencers



Could infall swell and

New Juul Starter Kit Review!! | DonnySmokes

105,393

Nov. 1, 2018



### FDA Response

- Declared an epidemic
- Warning letters
- Marketing investigation
- Surprise raid on JUUL Labs
- Required plans to reduce youth uptake from top 5 manufactures – 97% of sales









### FDA Response

Launched updated "Real Costs" teen focused media campaign with more extensive ENDS messaging





# Counter Marketing

#TheFactsNow

truth initiative





**VAPING** 





# What can you do to help?

- Learn more
- Share resources
- Support local efforts

# Learn more about the issue

Earn 20 FREE CEUs



Course Registration Now Open at www.tobaccopreventiontraining.org

Course opens on August 13, 2018 and will remain open 24/7 through June 6, 2019







### Share Resources



 FDA "<u>The Real Costs</u>" campaign



- Scholastic-FDA partnership youth vaping risks
  - Downloadable Infographics,
     Letter, Datasheet, Lesson &
     Class Activity





### Share Resources

CATCH my Breath middle & high school programs





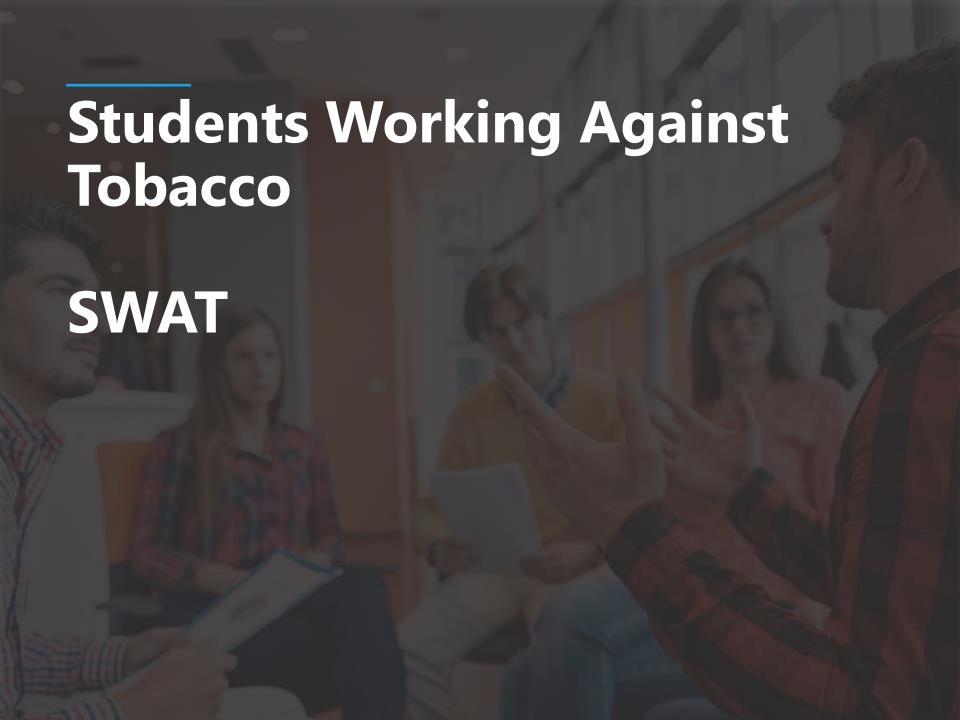
- truth youth e-cigarette quitting program
  - Text QUIT to (202) 804-9884

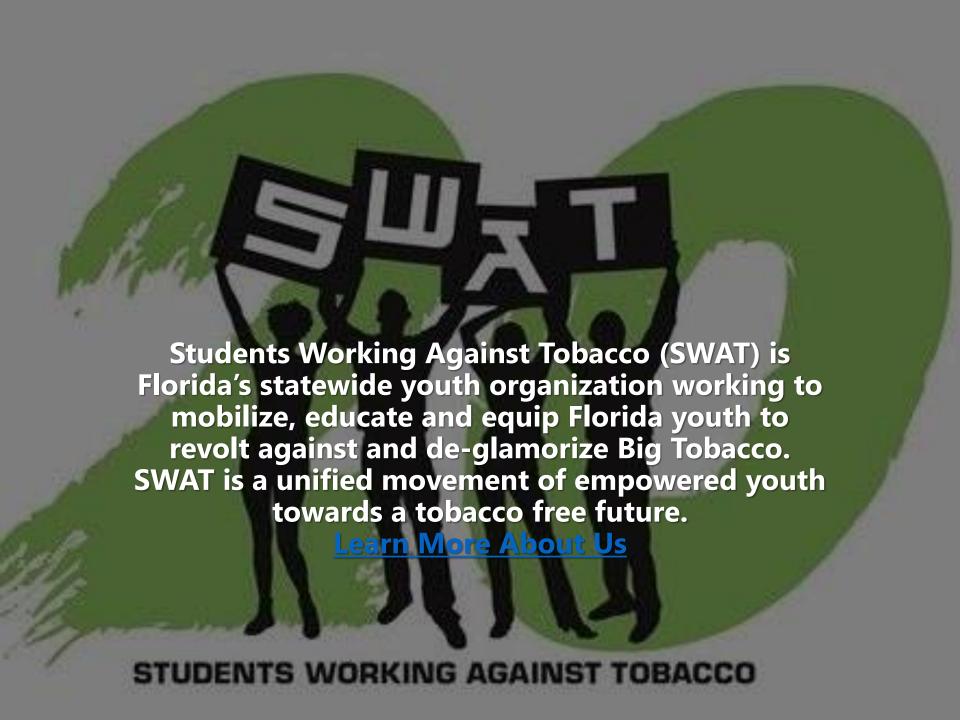


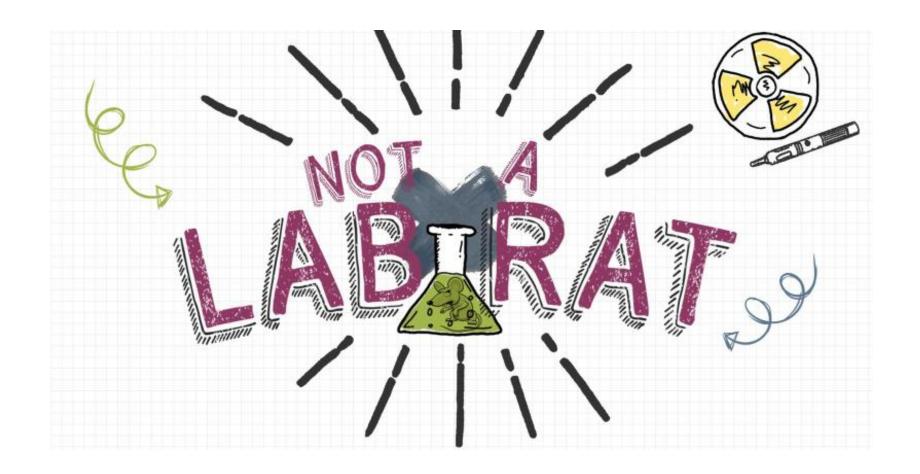
# Support local efforts

- Support efforts in your school
  - Strengthen school policy
  - Educate parents
- Local tobacco partnerships throughout Florida
- School-based SWAT clubs



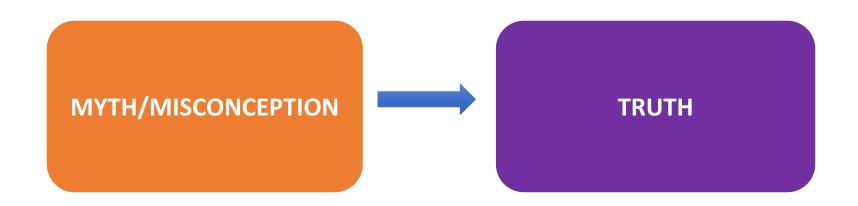






# New Youth ENDS Campaign

### Key Messages







# NALR Day Success





# **NALR Day Success**





## NALR Success





Kick Butts Day

March 20,2019

Working to protect the youth of Florida from the dangers of tobacco

### Intended Outcomes of KBD

### Beginning with the end in mind

- Empower Youth to Join SWAT.
- Encourage Youth to be part of SWAT Activities.
- Engage, Empower and Recruit adults to be part of SWAT Activities.

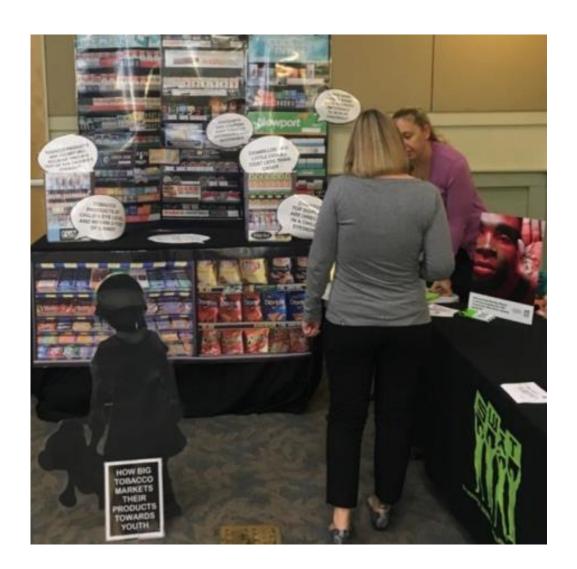


# Activities you may see



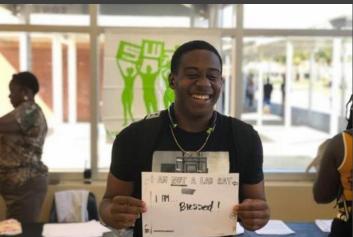


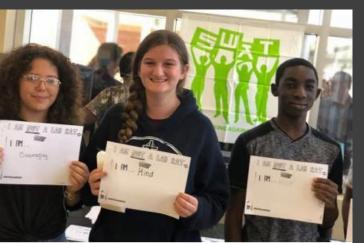
Activities you may see











# Activities you may see

Post Card Party

### JUUL Labs, Inc.

560 20th St

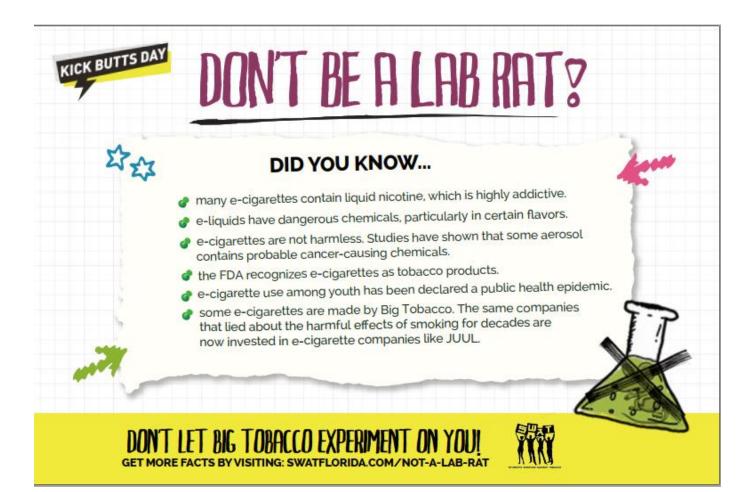
San Francisco, CA 94107





Items for KDB

- Palm Cards
- Flyers
- Press Release
- Message Map



Kick Butts Day Palm Card 0 0

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# DON'T BE A LAB RAT?



#### DID YOU KNOW...

- many e-cigarettes contain liquid nicotine, which is highly addictive. 1
- e-liquids have dangerous chemicals, particularly in certain flavors.<sup>2</sup>
- e-cigarettes are not harmless. Studies have shown that some aerosol contains probable cancer-causing chemicals. 3
- the FDA recognizes e-cigarettes as tobacco products. 4
- e-cigarette use among youth has been declared a public health epidemic. 5
- some e-cigarettes are made by Big Tobacco. The same companies that lied about the harmful effects of smoking for decades are now invested in e-cigarette companies like JUUL. <sup>6</sup>

THE EFFECTS OF E-COGAMETTES ON YOUR DODY AME







GET MORE FACTS BY VISITING: SWATFLORIDA.COM/NOT-A-LAB-RAT



U.S. Department of Health and Harma Sendous. The Health Consequence of Smishing Neighbe Addiction. A Report of the Surgeon Green Atlantic U.S. Department of Health and Harma Sendous, Public Behavior of London Sendous and Health Promoting, Observe of Smishing and Health and Sendous Additional Control of the Sample Control of London Sendous Additional Control of London Sendous Add

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# Kick Butts Day Flyer

# **Upcoming Projects**



GET MORE FACTS BY VISITING: SWATFLORIDA.COM/NOT-A-LAB-RAT



# What can you do to help?

- Support your local SWAT organization.
- Take this information to school administration.
- Share Tobacco Free Florida ENDS materials for teachers and administrators.
  - Post in teacher's lounges, break rooms, etc.



# **Quit Your Way Services**

Presented by:

Marion Banzhaf

Health Equity and Special Projects Manager

Tobacco Free Florida



### At Every HEALTH interaction:

- ASK about tobacco use
- ADVISE that the best thing to do for their health is to quit
- REFER to Tobacco Free Florida
- E-referral thru CHD, or use paper fax system for now

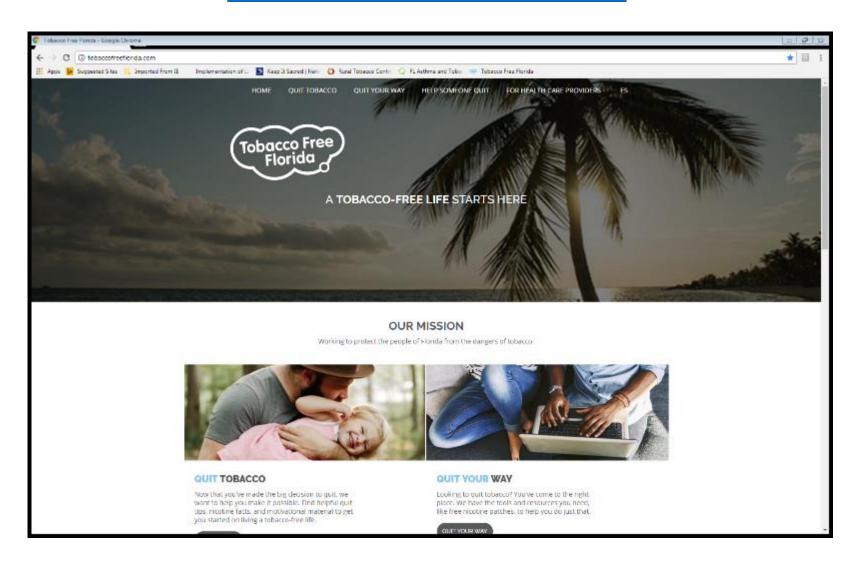
# Cessation Services Help Success

- Using services and NRT supports quitting, better than "cold turkey"
- Making a plan and getting help increases success
- Nicotine is a tough addiction, more than one quit attempt may be needed



#### TOBACCO FREE FLORIDA SERVICES

#### www.tobaccofreeflorida.com



# Quit Your Way

- Developed to remove barriers to quit services
- All services free to Floridians
- Phone, web, text quit for age 17 and under (no NRT)
- Group Quit, age 18+, with NRT (if medically appropriate)
- Each Quit Your Way service is available two times in a fiscal year (July-June)





Receive tips, games and reminders



**EMAIL TIPS** - Get the tools and tips on how to quit tobacco and receive professional advice via email



**QUIT GUIDE -** A practical and resourceful Quit Guide to help you build your plan to quit

**2 WEEK STARTER KIT -** Two weeks of free nicotine replacement patches, gum or lozenges to help you quit your addiction (If medically appropriate & 18 years of age or older)



